

FSA # 366203



Minh® Egg Rolls 3.0 oz. Vegetable

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Code: 69039

It's all the good things from an Asian garden rolled into one. Minh® egg rolls are made every day with nothing but the freshest vegetables... tangy bok choy, mellow bamboo shoots, chopped carrots, sliced celery, shredded cabbage, crunchy water chestnuts, and authentic spices. Then they're rolled in a traditional egg roll wrapper.



Nutritional Analysis	
Serving Size: 3.00 oz(s)	
Case Pack: 72	
Amount per Serving	
Calories 150 Calories from Fat 60	
% Daily Value *	
Total Fat:	7 g(s)
Saturated Fat:	1.5 g(s)
Trans Fat:	0 g(s)
Cholesterol:	5 mg(s)
Sodium:	440 mg(s)
Total Carbohydrate:	20 g(s)
Dietary Fiber:	1 g(s)
Sugars:	3 g(s)
Protein:	3 g(s)
Vitamin A:	25%
Vitamin C:	8%
Calcium:	4%
Iron:	8%
* Percent Daily Values are based on 2,000 calorie diet.	

Shipping Info	
UPC:	0-35367-69039-7
SCC-14:	n/a
Net Weight:	13.500 lbs.
Gross Weight:	15.000 lbs.
Cube:	0.530
Dimensions (LxWxH):	11.500 x 9.250 x 8.625
Cases/Pallet:	119
Tie:	17.000
High:	7.000
Shelf Life:	180 days

INGREDIENTS

FILLING: Cabbage, celery, carrots, bok choy, water chestnuts, bamboo shoots, contains 2 percent or less of sugar, cottonseed oil, salt, modified corn starch, roasted garlic base (roasted garlic, salt, maltodextrin [from corn], natural flavorings, cornstarch, canola oil, sesame oil), ginger, sesame seed oil, onion, spice, disodium guanylate, disodium inosinate; **CRUST:** Enriched bleached flour ([wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], calcium propionate [preservative]), water, enriched durum flour (durum flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), contains 1 percent or less of enriched bleached flour (wheat flour, malted barley flour, niacin [a B vitamin], iron, thiamine mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), salt, cottonseed oil, dried whole eggs, wheat gluten. Fried in vegetable oil (partially hydrogenated cottonseed and/or soybean oil). Contains egg and wheat.

PREPARATION INSTRUCTIONS

COOKING INSTRUCTIONS: Cooking times may vary due to equipment variances. Cook product until internal temperature reaches 150F or above. **CONVENTIONAL OVEN:** Preheat oven to 400F. Cook thawed for 15-16 min. or frozen 20-21 min. **DEEP FRYER:** (350F) Cook thawed 6-7 min. or frozen 8-9 min. **MICROWAVE:** (700watts) Cook thawed 1-1.5 min. or frozen 2-2.5 min. **CONVECTION OVEN:** (350F) Cook thawed 12-13 min. or frozen 15-16 min.